



Family Owned &  
Operated Since 1980

# Catering

## BREAKFAST CLASSICS

### Our Famous Grilled Breakfast Wrap ♡♡♡

applewood smoked bacon, fresh eggs, shredded cheese & hashbrowns wrapped in a flour tortilla  
serves: 10 - \$120 | 15 - \$180 | 20 - \$240

### Chicken Chile Verde Breakfast Burrito

slow cooked tender chicken chile verde, fresh eggs, shredded cheese & brown rice  
serves: 10 - \$120 | 15 - \$180 | 20 - \$240

### Good Stuff Breakfast

fresh scrambled eggs, applewood smoked bacon or sausage patty, fresh seasonal fruit & assortment of fresh baked muffins  
serves: 10 - \$140 | 15 - \$210 | 20 - \$280

### Vegan Tofu Scramble

scrambled tofu with black beans, grilled mushrooms, zucchini, spinach, onions, bell peppers, garlic & fresh basil served with warm corn tortillas  
serves: 10 - \$134 | 15 - \$201 | 20 - \$268



## COMPLEMENTS

### Fresh Baked Goodies

assorted mini muffins, banana bread & cinnamon rolls  
serves: 10 - \$60 | 15 - \$90 | 20 - \$120

### Scrambled Eggs

serves: 10 - \$40 | 15 - \$60 | 20 - \$80

### Pick a Protein

applewood smoked bacon  
pork sausage patties  
chicken sausage links  
cured ham  
serves: 10 - \$50 | 15 - \$75 | 20 - \$100

### OR MIX & MATCH!

### Coffee

locally roasted Owlverick's® coffee  
one 96oz tote - \$25 serves approx. 14 cups

### Chilled Juices

one 96oz tote - \$31 serves approx. 14 cups

## WRAPS & SANDWICHES

### Wraps ♡♡♡

choose from our very popular california, bbq chicken, vegan avocado, or our spicy albacore tuna salad  
serves: 10 - \$140 | 15 - \$210 | 20 - \$280

### Deli Sandwich Tray

assorted turkey, ham, & tuna salad sandwiches served on brioche buns with lettuce, tomatoes, mayo & pickles. mustard packets available on the side  
serves: 10 - \$120 | 15 - \$180 | 20 - \$240

### Ortega Tuna Melt ♡♡♡

a heaping scoop of tuna on grilled sourdough with swiss cheese, fresh tomatoes & mild chilies  
serves: 10 - \$130 | 15 - \$195 | 20 - \$260

### BBQ Pulled Pork Sliders

served on brioche buns with fresh cilantro & pickles  
serves: 10 - \$120 | 15 - \$180 | 20 - \$240

## SOCIAL PLATTERS

### Good Stuff Handrolls

chicken, turkey breast, garden veggie or albacore tuna salad  
serves: 10 - \$90 | 15 - \$135 | 20 - \$180

### Chicken Tenders

everyone's favorite served with ranch dressing  
serves: 10 - \$66 | 15 - \$99 | 20 - \$132

### Fresh Fruit Platter

A delicious assortment of seasonal fresh fruit  
serves: 10 - \$56 | 15 - \$84 | 20 - \$112

### Harvest Veggie Tray

served with creamy ranch dressing  
serves: 10 - \$50 | 15 - \$75 | 20 - \$100

### Chips, Guacamole & Salsa Fresca

serves: 10 - \$40 | 15 - \$60 | 20 - \$80



## LUNCH BOX

on the go - choice of:  
wrap or sandwich served with fresh tortilla chips, fresh fruit cup & a fresh baked brownie  
\$22 per person

♻️ Vegan    Ⓜ️ Gluten-Free

♡ House Favorite    🐓 Cage-Free Eggs

🐄 Wanderer Farms®    Ⓚ Keto

## GREENS

**Santorini Salad** (V) (sans cheese)  
fresh spinach, romaine, feta cheese, kalamata olives, red onions, cucumbers & tomatoes tossed with our lowfat mediterranean dressing  
serves: 10 - \$80 | 15 - \$120 | 20 - \$160

**Olé Caesar Salad**  
romaine, toasted pepitas, fresh parmesan & crispy tortilla strips, tossed with a zesty caesar dressing  
serves: 10 - \$74 | 15 - \$111 | 20 - \$148

**Classic Cobb Salad**  
turkey, avocado, bacon, blue cheese, egg, fresh broccoli, tomato, roasted corn & chopped lettuce tossed with italian vinaigrette  
serves: 10 - \$94 | 15 - \$141 | 20 - \$188

**Bo's Salad** ♡♡♡  
chopped chicken, fresh avocado, roasted corn, tomatoes, chopped dates, sliced almonds & crumbled feta cheese served over chopped lettuce tossed with champagne honey mustard vinaigrette  
serves: 10 - \$94 | 15 - \$141 | 20 - \$188

## Dressings

ranch, italian, 1000 island, blue cheese, champagne honey mustard vinaigrette, nonfat honey mustard, low-fat mediterranean & zesty caesar

## FRESH BAKED DESSERTS

**Cookies**  
serves: 10 - \$34 | 15 - \$51 | 20 - \$68

**Brownies**  
serves: 10 - \$34 | 15 - \$51 | 20 - \$68

## PRIVATE EVENTS

Contact us to book your next event! We not only have our beautiful outdoor options available but also other private indoor options at all locations.

CALL US OR VISIT  
[EATGOODSTUFF.COM/CATERING](http://EATGOODSTUFF.COM/CATERING)  
FOR MORE INFO



## ENTRÉES

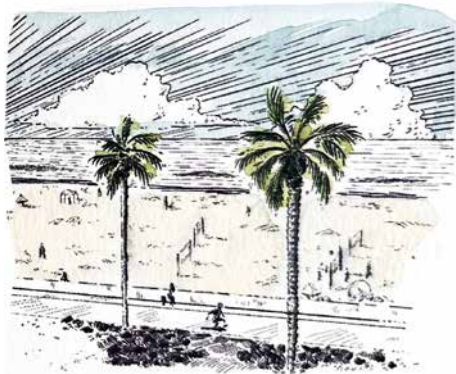
**Barramundi Platter**  
grilled tender white fish seasoned with lemon & pepper served on a bed of brown rice with sautéed spinach, mushrooms, tomatoes, & capers in a delicate white wine sauce  
serves: 10 - \$196 | 15 - \$294 | 20 - \$392

**Teriyaki Flank Steak & Stir-fried Veggies**  
marinated flank steak stir-fried with fresh veggies topped with black sesame seeds & served with your choice of white or brown steamed rice. sub for tofu to make it a vegan option  
serves: 10 - \$196 | 15 - \$294 | 20 - \$392

**Blackened Chicken Pasta**  
all-natural blackened chicken served over penne pasta tossed with sun-dried tomatoes, mushrooms, pesto sauce, & fresh parmesan cheese. served with garlic toast  
serves: 10 - \$150 | 15 - \$225 | 20 - \$300

**Mexican Shrimp Fajitas** ♡♡♡  
succulent shrimp, bell peppers & onions sautéed & served with choice of tortillas with spanish rice, black beans, fresh guacamole, & salsa  
serves: 10 - \$196 | 15 - \$294 | 20 - \$392

**Ground Turkey Lasagna**  
a specialty here at good stuff! made with our homemade tomato basil sauce packed with fresh herbs & italian spices, layered with lean ground turkey, mozzarella, creamy ricotta, & a touch of fresh parmesan served with garlic bread. sub for veggie lasagna to make it a vegetarian option  
serves: 10 - \$150 | 15 - \$225 | 20 - \$300



For our customers with food allergies and/or sensitivities, please inform your server prior to ordering. We will make every effort to accommodate your request. \*We are not a gluten-free kitchen. Our dishes are made fresh and prepared-to-order, so individual foods may come into contact with one another due to shared cooking and preparation areas/utensils. We cannot guarantee that cross-contact with foods containing gluten will not occur but will make every effort to avoid it.\*



## EL SEGUNDO

131 W Grand Ave #C  
El Segundo 90245  
310.647.9997

## HERMOSA BEACH

1286 The Strand  
Hermosa Beach 90254  
310.374.2334

## REDONDO BEACH

1617 S PCH #102  
Redondo Beach 90277  
310.316.0262

## PALOS VERDES

550 Deep Valley Dr #151  
Rolling Hills EST 90274  
310.544.8000



*you are what  
you eat so eat  
Good Stuff!®*